

FC Grow Conference:

Trading Happiness for Joy Part 1: Knowing the Difference

Galatians 5:16-25

Romans 8:1-11

Time to think a little....

Happiness

Joy

What does it look like to you?

What's the definition? (to you)

What have you banked your happiness on? (List 5 things)

Why do you think we opt out of our inherited, lasting, more satisfying gift, JOY?

Knowing the Difference

1. The Pursuit- Flesh or Spirit

a. Our flesh tells us to “do what makes us happy”

- The pursuit of the flesh is naturally _____ of the Spirit of God. (Galatians 5:16-17)

- Keeping in step with the flesh offers only - _____ self-gratification and usually _____ clean-up

b. The Spirit says do what is right

- Keeping in step with the spirit will lead to _____ not _____ which is what happiness pretends to be.

- We really want JOY

- c. What are we building on?
 - If the _____ of our joy is things that we can _____, our house will quickly fall.
 - The _____ of our house must be _____.
 - The building blocks of the _____ are _____

Notes:

2. Making the Separation

- a. Separating Joy from Happiness
 - Putting them in the same category _____ God's gift to us
- b. Separating Joy from Circumstance
 - Are we conforming to the world's idea of happiness?
 - Our idea of _____ cannot look like the world's idea of _____.
 - Joy from the Spirit is _____
- c. Separating Joy from Self
 - _____ we can _____ could ever level up with what we receive from Christ

Notes:

3. Banking on the Source: The Holy Spirit (Romans 8:9-11)

- a. The Spirit is _____
- b. The Spirit is _____
- c. The Spirit is _____
- d. The Spirit is _____
- e. The Spirit is _____

Notes:

One last thought.....

What does happiness mean to you now?

What does joy mean to you now?