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Visit <https://jeberryspeaks.com/the-truth-about-happiness/press-kit/> for contact details, PDF sample chapters, photos, and an author bio.

The Truth About Happiness

Exchanging the falsehood of happiness for Christ's lasting joy.
A personal journey to joy.

Baton Rouge, LA, June 20th, 2016- J.E. Berry, author of *The Truth About Happiness*, presents a personal journey to each reader. Taking them on an investigation to find true joy in Jesus through honest self-examination. Using the text presented in *The Truth About Happiness* to give readers a look at the biblical truth about what joy looks like, how we tap into it, and what Scripture says about it.

Readers will experience interactive conversational style text that connects with them on a person-to-person level while walking through an assortment of real life scenarios that will help them take a closer look at their own life choices. Through each chapter, they will discover new truths about themselves that will bring healing and resolve.

Readers of the author's current content express great enthusiasm for this project and highly anticipate the release on July 7th, 2016.

What reviewers have said about *The Truth About Happiness*:

"J.E. Berry has hit a home run with her in-depth exploration into that elusive topic of happiness, why we chase it, and how we can find something far deeper - true joy."

-Jennifer Maggio (CEO/Founder of *The Life of A Single Mom* ministry,
Author of *The Church and the Single Mom* and 3 other titles,
thelifeofasinglemom.com)

J.E. Berry has written on the topic of joy for several years and uses a speaking platform to further address this topic and many others. Learn more at <https://jeberryspeaks.com> .

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